Fall Field Training Exercise 2019

Materials to be brought by the Cadets

Clothing

- 3 pairs cotton socks
- 3 sets undergarments
- Pajamas
- 1-2 pairs warm socks
- 2 warm sweaters
- 3 lightweight shirts

Other Equipment

- Toiletries (deodorant, toothbrush, toothpaste etc.)
- Face cloth
- Sleeping bag
- Pillow

- 2 pairs outdoor pants (no jeans)
- Hat (ball cap or Tilley)
- Warm jacket
- Rain jacket or poncho
- Outdoor shoes or boots (no running shoes; shoes must have ankle support)
- Warm gloves
- Flashlight
- Lip balm
- Sunscreen/bug spray
- Note pad and pencil

All cadets MUST bring a flashlight

OD Combat Clothing

It is recommended that cadets wear combat clothing, if they have it. Otherwise, other appropriate outdoor attire is required.

All kit will be packed in a rucksack/backpack; no airline luggage will make it to the training site.

Forbidden Equipment:

- ☐ Knives or other cutting tools (with the exception of Level 4 cadets and above)
- ☐ Food of any kind (except for those cadets authorized by the FTX OPI)
- Personal electronic devices (cell phones/tablets/etc). But wear a watch!
- ☐ Drugs, alcohol or other illegal substances

Notes:

- Over-the-counter and/or prescription medication <u>must</u> be declared to the weekend's Administration Officer (CI Deblois) or delegate during the in-clearance and prior to boarding the bus.
- Any cadet caught with any of the <u>forbidden equipment</u> mentioned above will not be permitted to participate in the exercise.